

# Join Ditch the Label's Youth Advisory Board



**Aged 14–25 and living in the UK?**

**Want to share your voice and help shape support for young people?**



## **Why join?**

**Make a difference** on issues like mental health, identity, bullying, and relationships

**Collaborate** with other young people passionate about change

**Build experience** and gain access to training and development opportunities

**Influence** the direction of Ditch the Label's services, campaigns and community

## **Details:**

Voluntary role starting **October 2025**, with a one-year term

**Monthly online meetings** (1–2 hours)

Open to young people across the UK

***We strongly encourage individuals from all backgrounds to apply. We are committed to building a diverse and inclusive YAB team where everyone feels welcome.***

Apply by **14th September 2025**

Visit **[www.ditchthelabel.org/youth-advisory-board](http://www.ditchthelabel.org/youth-advisory-board)**

Questions? **Email us: [yab@ditchthelabel.org](mailto:yab@ditchthelabel.org)**

**DITCH  
THE LABEL**