

# Together Group Stevenage



**Our Together Groups are for people living with dementia or those worried about their memory, to come along with a family member, close friend or carer.**

Join our fun, social group for a variety of activities: games, arts and crafts, chair-based movement to music, entertainment. Information and advice also available.

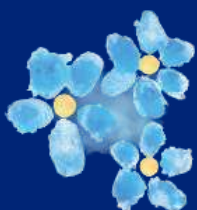
**Fridays 2pm to 4pm**

Stevenage United Reform Church, Cuttys Lane, Stevenage, SG1 1UL

Contact: Tel: 01279 427522 or Email: [central.herts@alzheimers.org.uk](mailto:central.herts@alzheimers.org.uk)

**Come along for a taster to see if the group is right for you!**

**All groups are free to attend.**



**Memory Support  
Hertfordshire**



**Alzheimer's  
Society**

Together we are help & hope  
for everyone living with dementia



Registered charity no. 296645. Alzheimer's Society operates in England, Wales and Northern Ireland.