

THE WELLBEING JUNCTION

CIC

Investing in little minds of the future

The Wellbeing Junction CIC runs fun, inclusive workshops and events that support children's wellbeing, confidence and life skills – building brighter futures together.

WHAT WE DO



SMALL PEER CLASS SIZES

Safe, supportive and inclusive.



BUILDING FRIENDSHIPS & CONFLICT RESOLUTION

Creating kind connections and solving problems together.



UNDERSTANDING FEELINGS AND EMOTIONS

Helping children recognise, express and manage emotions.



CREATIVE EXPRESSION – ARTS, CRAFTS AND BASIC COOKERY

Inspiring imagination through creativity and hands-on fun.



MINDFULNESS

Encouraging calm, focus and positive wellbeing.



MINDFUL MOMENTS AND PRACTICAL LIFE SKILLS

Everyday skills to help children grow inside and out.



DEVELOPING SELF ESTEEM, CONFIDENCE AND RESILIENCE

Building inner strength to thrive.



FUN PHYSICAL MOVEMENT, BRAIN GYM, GROUP ACTIVITIES AND GAMES

Active bodies, happy minds!



Helping Children grow inside and out



SAFE SPACE



INCLUSIVE COMMUNITY



GROWTH FOCUSED



FUN FILLED

FIND US ON



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