



**EVERYONE IS IN THIS TOGETHER**

# Memory lane

## Dementia Café

Every Wednesday 1.00pm-3.00pm  
Healthy Hub Stevenage

(Stevenage Arts and Leisure Centre)

Come and join our free friendly group for support and activities, meet others going through a similar experience.

For more details contact us at [stevenagehealthyhub@everyoneactive.com](mailto:stevenagehealthyhub@everyoneactive.com) or give us a call on 01438 579390