



Irish Network Stevenage

Exercise Class

Our class is for all abilities and the aim is to have fun! Discover the joy of movement while improving your physical fitness and social life!

- ✓ **Symonds Green Community Centre**
- ✓ **Thursdays 1.00pm - 2.00pm**
- ✓ **£2.50 per class for members and £4.50 for non-members**

Contact Us:

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