

INTERNATIONAL DAY OF **OLDER PEOPLE**



WHAT'S ON YOUR DOORSTEP?

Stevenage Leisure Centre - Sports Hall Ground Floor

(Accessible from ground level or by lift from the bridge via the Healthy Hub)

Thursday 1 October 2026 10.30am–2pm

FREE ENTRY & CUPPA

Wide selection of partners and services offering advice, information and service for older people, plus fun activities.



For more information, contact
community.development@stevenage.gov.uk or call 01438 242912

