

Supporting older and disabled adults and their carers to **thrive**



Quality care, tailored to you

You don't have to manage alone



Homecare



**Carers
Breaks**



**Day
Centre**

- **Free consultation** with holistic approach
- **No uniforms*** for discreet, unobtrusive visits
- **Professional, DBS-checked** Support Workers trained in person-centred care and complex needs

01462 455578

CrossroadsCaring.org.uk

*Our Support Workers always carry ID for safety

Inspected and rated

Good



**CareQuality
Commission**

Homecare Maintaining independence



Caring for Life: Regular, **personalised visits** at home, tailored to your individual needs and preferences.

- As often as you'd like
- Min. length 30 minutes
- Personal care, mobility and medication support

Domestic Support: High-quality **cleaning service** delivered by an enhanced DBS-checked Support Worker trained in care.

- General household cleaning
- Vacuuming
- Laundry

Carers Breaks

Rest is part of caring



Carers Breaks: Tailored care for the individual you support; **guilt-free rest and peace of mind** for you.

- Visits at home or out in your local community
- Your time to pause, breathe and recharge
- Designed with your schedule in mind
- Personal care and daily living support

Helping You Care: 12hrs free care visits if you support an adult living in North Herts or Stevenage.

- Support while you wait for an official Carer's Assessment
- Option to seamlessly transition to Carers Breaks service afterwards

Breakaway Volunteers: Free visits from a trained Volunteer.

- Ideal for those who don't require practical or personal care

Day Centre Community connection



Activity Club Wednesday, Thursday & Friday: Engaging group for older and disabled adults to connect and have fun.

- Inclusive activities
- Local day trips
- Full personal care
- Complex needs support

Community Drop-in Tuesday: **Free** signposting sessions open to all. Simply turn up for a chat and we'll see if we can help.

- Local service signposting

 1A Broad Oak Way,
Stevenage, SG2 8QL

Interested in attending our Activity Club on Mondays? We'd love to hear from you

How does it work?

Scan to visit website:



1 Referral Form:

Complete the simple form on our website or give us a call

2 Free Consultation:

We'll be in touch within 2 working days to discuss your needs

3 Arrange visits:

Regular, flexible care tailored to you and your family