

Hertfordshire



Health Walks

Join our team of over 300 volunteers and become a Hertfordshire Health Walks volunteer.

No experience is necessary. You can lead walks or provide support at the back. Volunteer once a week or once a month - it's up to you.

Training is free and nationally accredited



For information scan the QR code or search:
www.hertfordshire.gov.uk/healthwalks
healthwalks.cms@hertfordshire.gov.uk
01992 555 888

**Become a
Health Walks volunteer
today**

